THE UPPER ROOM CAFÉ

WINTER MENU

Welcome to the Upper Room Cafe! Our Cafe is run by a team of staff and volunteers from St Mary's and St Cuthbert's churches in Cheadle. We are here to serve the local community and to share Jesus.

Sliced Toast £2.00

Bloomer Toast £2.20

Teacake £2.50

Crumpets £2.50

All served with butter or sunflower spread (Ve)
Add Strawberry or Blackcurrant Jam / Honey / Marmalade 40p

Porridge £2.50
Cinnamon, Honey or Golden Syrup

Breakfast Wrap £6.50
Sausage, bacon, hash brown and egg

Full Breakfast £10.50
Sausage, bacon, hash brown, egg, tomato, mushrooms, beans and toast (served until 11.30am)

Bacon Barm £4.75

Sausage Barm £5.25

Bacon & Sausage Barm £6.75

Vegan Sausage Butty £5.00

Add ketchup, mayo, brown sauce or barbecue sauce 30p

Omelette £3.75
Add cheese / ham £1.20
Add tomato / onion 60p

Pancakes £5.50
Lemon & Sugar, Nutella or Golden Syrup

Bagels £5.50
Cheddar Cheese & Bacon
Tomato, Pesto & Mozzarella

Sour Dough Toast £5.25
Avocado, Feta & Poached Egg
Egg (fried, poached or scrambled)
Bacon
Sausage
Vegan Sausage (Ve)
Mushrooms (Ve)

Beans on Toast (Ve) £3.30
Add Cheese 60p

Quesadilla £6.50
Chilli Bean & Cheese
Cheddar Cheese & Ham
Bacon & Scrambled Egg

Soup £5.50
Served with granary or white bloomer bread and butter
Check out specials board for delicious and nutritious flavours

Delicious food cooked fresh for you

Hot Sandwiches £8.00
On bloomer bread. Served with side salad and crisps
BLT
Club Sandwich
BBQ Pulled Pork
BBQ Pulled Jack fruit (Ve)

Filled Pita bread £7.00
Halloumi
Chicken
Falafel
All served with salad and Tzatziki dipping sauce

Bloomer Sandwich £6.00
Choice of filling on white or granary bloomer bread served with side salad
Roast Ham and Mustard
Cheddar and Chutney
Tuna Mayo
Houmous & Red Pepper (Ve)

Jacket Potato £6.50
Choice of filling in an freshly oven baked potato served with side salad
Cheddar
Tuna Mayo
Baked Beans (Ve)
Chilli Beans (Ve)
Pulled Pork

Add an extra filling £1.50

Nachos £4.50
with salsa and cheese
Choice of:
BBQ Pulled Pork
Sour Cream & Guacamole
Chilli Bean

Cheddar Cheese Toastie £5.00
Choice of:
Ham, Tuna, Sausage, Bacon, Pulled Pork, Tomato or Onion

Wraps £8.00
Choice of filling in a tortilla wrap served with side salad
Tuna Mayo
Ham & Cheddar
Mozzarella, Tomato & Pesto
BBQ Chicken
Pulled Pork
Falafel & Houmous (Ve)
Chilli Beans (Ve)

Sides
Fries (Ve) £2.50
Sweet Potato fries £3.00
Halloumi Fries £3.50
Side salad (Ve) £2.00
Coleslaw £1.50

Food Allergies and Intolerances,
please inform a member of staff when placing your order

THE UPPER ROOM CAFÉ

DRINKS

Pot of tea £2.10
Pot of tea for two £3.90
Earl Grey £2.30
Peppermint Tea £2.30
Green Tea £2.30
Wild Berry Tea £2.30
Chai Tea Latte £3.60

Filter Coffee £2.10
Americano £3.30
Flat White £3.70
Cappuccino £3.70
Espresso £1.60
Latte £3.70
Mocha £4.10
Hot Chocolate £3.70
Luxury Hot Chocolate £4.10

Available with whole milk, skimmed milk, oat milk or soya milk

Coke / Diet Coke £2.20
San Pellegrino £2.70
Suso £2.70
Juice Burst £3.20
Sparkling Water £2.20
Apple Juice £1.50
Orange Juice £1.50

Iced coffee £3.50
Add vanilla / caramel / hazelnut syrup 60p
Iced Tea £3.20
peach, lemon or mango syrup 60p
Water/ Cordial FREE

CAKES

Please see our cake display stand for our seasonal selection of delicious cakes

All our tea, coffee and hot chocolate are Fairtrade. Our coffee beans are also organic and rain forest alliance certified. Espresso based drinks come with two shots as standard.

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WIFI PASSWORD
upperr00m

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